

HELMET NO 1

Abbreviations and terms:

- ❖ K1; Knit one
- ❖ P1: Purl one
- ❖ Knitting plain: knit stitch/garter
- ❖ k2tog: Knit two stitches together
- ❖ Rib: One pass back and forth in stockinette.

Materials :

- Around 170g or worsted weight yarn in olive, navy blue or grey
- 4,5mm or US7 needles.
- Stitch saver, spare yarn or extra needles to hold unworked stitches
- A tapestry needle. This balaclava is knit in 2 halves and sewn and grafted together at the end
- This is one of the rare examples where a gauge is given. For a 10cmx10cm or 4"x4" square it would have equated to roughly 16 stitches by 18 rows in stockinette

Instructions:

Front Panel:

Setting up - Cast on 48 stitches

Knit plain for 25 ribs

Now knit 2 purl 2 knit for 35 rows total

For the opening of the face:

k2, p2, k2, p2, k2, loosely bind off the next 28 stitches, p1, k2, p2, k2, p2

Put the stitches you knit after the cast off on a spare needle, stitch saver or piece of spare yarn

K2, p2 the other stitches for 12 rows with the last row ending at the opening

Cast on 28 stitches to form the top of the face opening

With the saved stitches, knit 12 rows following the ribbing pattern, starting at the face opening.

At the 12th row, knit across all stitches, making a total of 48 again

k2, p2 for another 28 rows.

Crown

Row 1: k2, k2tog, k14, k2tog, k14, k2tog, k12

Row 2: purl. All even rows will be purled

Row 3: k2, k2tog, k13, k2tog, k13, k2tog, k11

Row 5: k2, k2tog, k12, k2tog, k12, k2tog, k10

Continue this pattern, narrowing in the same spots until you have 9 stitches left.

Place these on a stitch saver/spare yarn.

Back Panel:

Setting up - Cast on 48 stitches

Knit plain for 25 ribs

Now knit 2 purl 2 for a total of 76 rows

Crown

Row 1: k2, k2tog, k14, k2tog, k14, k2tog, k12

Row 2: purl. All even rows will be purled

Row 3: k2, k2tog, k13, k2tog, k13, k2tog, k11

Row 5: k2, k2tog, k12, k2tog, k12, k2tog, k10

Continue this pattern, narrowing in the same spots until you have 9 stitches left.

Put the two panels on top of one another and graft the 9 stitches together with the kitchener stitch.

Sew up the sides and you're done!