

Abbreviations and terms:

- ❖ K1; Knit one
- ❖ P1: Purl one
- ❖ Sl: Slip stitch
- ❖ Psso: pass slipped stitch over
- ❖ Knitting plain: knit stitch

Materials:

- 150g of 3ply fingering wool and 30g fingering for lining. The lining is specified to be made in white. As for the sock itself, no colour is given but khaki and grey were often used.
- 1.5mm double pointed needles. I recommend the knitpro karbonz

Instructions:

Setting up - Cast on 100 stitches divided into 33, 33 and 34 over 3 dpns

K1 round plain

Knit ribbing in k3 p2 for 13 cm 5 inches

Once your ribbing measures the aforementioned length, you knit as followed:

Knit your 3 k stitches, k2tog your 2 purls and knit your next k3 stitches, p2*

Repeat until the end of the round

Knit the new k7, p2 repeat for another 16.5cm 6 ½ inches

the leg now measures 30cm 11 ½ inches

Heel - k7 k2tog* repeat * 4 times and knit 7. This should total 39 stitches

Turn so the wrong side faces you.

Purl until the last 2 st, p2 tog

Knit until the last 2 sts, k2tog

Repeat these two rows until you have 15 stitches left

To turn the heel as followed:

Knit to the end of your row, picking up a stitch on the edge of the flap you just knit.

Turn, purl to the end and pick up a stitch on the other side of the flap

Repeat 24 more rows, picking up a stitch on either side of the heel flap as you go.

The effect is similar to a modern boomerang heel

Once your increases are done, proceed to knit in the round again with the k7 and p2 ribbing pattern on top of the foot and plain knitting on the bottom.

Knit this way for 18cm or 7 inches

Toe -K1 round plain, knitting every 2 purl stitches together

k 6 rows

At one side of the foot k1 sl1, k1, pssso, knit to the other side and k2tog

k 2 rows plain and then repeat the decrease

You continue this until you have 13 stitches left. Graft these together with the kitchener stitch

The Lining - Turn your sock inside out and count 24 rows down from where the ribbing stops. Here you slide your needles into the work and with your white thread, knit 22 rows, decreasing as you did with the toe. When you have 13 stitches, you decrease for one more round and graft together.